UCSF Helen Diller Family Comprehensive Cancer Center

Spinal Tumors

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center. Learn more about UCSF's supportive care programs at https://cancer.ucsf.edu/support/crc/patientsupport-center

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210. The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101. The complete list of Patient Education Resource Pages is available to view at http://cancer.ucsf.edu/support/crc/patient-education-resources

Overview

Early diagnosis can be an important factor in the outcome of tumors in the spinal cord. Primary spinal cord tumors — tumors that originate in the spine rather than spread to the spine from elsewhere in the body — are usually benign. They are so rare that they account for only a half of one percent of all newly diagnosed tumors. Malignant primary tumors of the spinal cord are even less common. Website: https://www.ucsfhealth.org/conditions/spinal-cord-tumor

UCSF Resources

UCSF Spine Center

One of the largest centers of its kind in the country, treating 10,000 patients a year. It brings together world-renowned specialists in neurosurgery, orthopedic surgery, neurology, psychiatry and other specialties to design the most effective treatment for each patient's condition. The team includes experts in cancer, pain management, physical therapy, radiation oncology and rheumatology. Website: https://www.ucsfhealth.org/clinics/spine-center | Phone Number: (866) 817-7463

UCSF Neuro-Oncology Gordon Murray Caregiver Program

The dedicated caregiver staff is here to support family members and friends of our patients throughout their caregiving journey. The website includes many resources, educational materials and lectures, and upcoming events.

Website: https://braintumorcenter.ucsf.edu/supportive-care/ucsf-neuro-oncology-gordon-murray-caregiver-program | Phone Number: (415) 514-5674.

Organizations

American Association of Neurological Surgeons (AANS)
The AANS promotes the highest quality of patient care and advances the specialty of neurological surgery. Website: https://www.aans.org/Patients/Neurosurgical-Conditions-and-Treatments/Spinal-Tumors | Phone Number: (847) 378-0500

American Cancer Society (ACS)
At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.
Website: https://www.cancer.org/cancer/brain-spinal-cord-tumors-adults | Phone Number: 800.227.2345

American Brain Tumor Association
ABTA supports the needs and improvement of lives of patients and caregivers. Website includes numerous educational publications, information about diagnosis, treatment, side effects and webinars. Website: www.abta.org | Phone Number: 1-800-886-2282

Cancer Support Community – Brain and Spinal Cord Tumors
As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.
Website: https://www.cancersupportcommunity.org/brain-and-spinal-cord-tumors | Phone Number: 888-793-9355

Medline Plus: Trusted Health Information for You – Spinal Tumors
MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).
Website: https://medlineplus.gov/ency/article/001403.htm

National Cancer Institute – Spinal Tumors
The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: https://www.cancer.gov/rare-brain-spine-tumor/

National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.
Website: https://cancer-network.org/about/ | Phone Number: 212-675-2633

Triage Cancer
Triage Cancer is a national, nonprofit organization that provides free education on the legal and practical issues that may impact individuals diagnosed with cancer and their caregivers, through events, materials, and resources. Website: https://triagecancer.org/

Books

A Tiny Boat at Sea: How to Help Children Who Have a Parent Diagnosed with Cancer by Izetta Smith
Website: https://books.google.com/books/about/A_Tiny_Boat_at_Sea.html?id=JSI_GwAACAAJ

Musella – Foundation for Brain Tumor Research & Information Inc.
This is a list of some of the books the Musella team have found useful. They are rated on a scale of 0 to 10 (with 10 the best) by patients and caregivers.
Website: https://virtualtrials.org/books.cfm | Phone Number: (888) 295-4740